



Admit it. At some point or another, we've all wished we could have Claudia Schiffer's smile, or Heidi Klum's body, or Cameron Diaz's eyes... The list is endless. Unfortunately, we can't. It's just not realistic. But there are ways to look great, there are ways to look dramatically gorgeous without overstepping your boundaries and resorting to extreme measures like plastic surgery. We give you some simple beauty tips.

1. Take care of your skin. It's one of the first things people will notice about you. Follow a good skin care-routine, make sure it's free of acne and blemishes. Visit your dermatologist to ensure that you don't have any skin disorders.
2. Remember to exfoliate. This helps get rid of the dead cells, the dirt and polluted materials entrapped in it. There are many great natural scrubs and exfoliants available in the market.
3. Pay special attention to your hair. Take care of your tresses, and they'll look healthy and shiny. Keep your hair clean and dandruff-free. Don't go overboard with hair care products. Often, natural works best.
4. Don't buy every makeup product available in the market. Some can have adverse effects on your skin. Make sure your foundation or concealer matches your skin tone. Your eyeliners should be sharpened regularly.
5. If you suffer from dry-lips and therefore applying matte lipstick is a problem for you, then coat your lips with balm before. This will solve the problem.
6. Don't ever apply a new coat of nail polish on a previous coat. Remember to remove it first, with lukewarm water and nail color remover. Do get regular manicures and pedicures, and trim them regularly to get rid of dirt and germs.
7. Facial hair you must get rid of. It's unsightly, it's ugly, and face it- today there are loads of options through which you can remove it.
8. Get regular exercise. It'll really get the blood flowing, and it'll show up. Set aside some time for exercise everyday. Do yoga, do some swimming, go to the gym, do whatever you like, but get the adrenalin rushing.
9. Remember to eat healthy food. Don't have junk food, stay away from processed foods – instead, increase your intake of fresh fruits and vegetables. Cut down on the red meat.
10. Be happy. Nothing looks more beautiful than a happy face.